



range Coast Psychiatric Associates

27401 Los Altos Suite 310, Mission Viejo, CA 92691

Patient's Name _____ Today's Date ____/____/____

Date of Birth ____/____/____ Age _____ Male Female SSN: _____

Address _____

City, State, Zip _____

Home Phone # _____ E-mail: _____

Cell Phone # _____ Work Phone # _____

Marital Status: Single Married Separated Divorced Widowed

Employer/School _____ Occupation _____

Referral Source (How did you hear about us?): _____

Would you like to receive appointment reminders via text message?

No

Yes, I authorize OCPA to send appointment reminders via text message to the cell phone provided above

If Patient is Under 18:

Name of Parent/Guardian _____

Child Lives With _____

Emergency Contact

In case of an emergency, whom may we contact?

Name _____ Phone # _____ Relationship to patient _____

Primary Care Physician

Name _____ Date Last Seen ____/____/____

Phone # _____ Fax # _____

Insurance Information

Insurance Company: _____ Phone # _____

Member ID # _____ Group # _____

OCPA Intake Questionnaire

Name: _____ Age: _____ DOB: _____ Sex: M F Date: _____
Insurance: _____ Referral Source: _____

GOALS

What is the main reason for which you seek treatment? _____

What would you like to achieve through treatment? _____

PSYCHIATRIC HISTORY

Have you previously been treated for psychiatric conditions? Please list: _____

Please list any current psychiatric medications, with dose (if known): _____

Who is prescribing these medications? _____

Please list any past psychiatric medications (include how long you took them and the outcome): _____

Are you currently in therapy/counseling? If so, with whom and how often? _____

Have you ever been hospitalized for a psychiatric reason, either in the ER or in an inpatient unit? _____

MEDICAL HISTORY

Do you have a history of any medical conditions (include childhood problems)? _____

Please list any current medications (non-psychiatric), with dose (if known): _____

Have you had any surgeries? _____

When was your last physical exam/labs and what were the findings? _____

Are you allergic to any medications? _____

Currently, what is your approximate height/weight? _____ Average weight? _____

FAMILY HISTORY (for patient)

Does anyone in your family have any mental health/psychiatric problems? Whom and what issues? _____

Does anyone in your family abuse drugs or alcohol? _____

Does anyone in your family have significant medical problems (e.g. heart disease, stroke, cancer, diabetes, kidney/liver problems, thyroid problems, autoimmune problems)? _____

SOCIAL HISTORY

Marital/Partner Status: _____ Names/Ages of Children (if applicable): _____

Are you employed? _____ What kind of work? _____

Where did you grow up? _____ Highest grade/degree: _____

Where do your parents/siblings live? How is your relationship with them _____

Do you have a history of abuse towards you of any kind? (If yes, explain) _____

Have you had any major changes or stresses in your life recently? (If yes, explain) _____

Have you been discriminated due to your age, race, gender, religion, or sexual orientation? (If yes, explain) _____

Who is your main support? _____

SUBSTANCE HISTORY

Do you drink alcohol? If so, state your average use and type/quantity: _____

Do you smoke cigarettes or marijuana? If so, how often? _____

Do you currently use any other substances? (i.e. speed, ecstasy, cocaine, etc.)? _____

Have you used substances in the past? _____

Have you ever been in any substance abuse treatment program/rehab or any kind? _____

Patient Signature/Parent if minor

Date

Orange Coast Psychiatric Associates

27401 Los Altos, Ste. 310

Mission Viejo, CA 92691

Phone: (949) 282-0027

Fax: (949) 282-0032

OFFICE POLICIES

If you have any questions or concerns, please feel free to speak with our office staff.

Initials

1. We do not call in any prescriptions refills over the telephone. Should you need a refill you must contact the office and schedule an appointment. (____)
2. Prescriptions will be written by the doctor at the time of your appointment with an adequate amount to last you until your next appointment. (____)
3. It is your responsibility to schedule follow up visits to receive a refill and to make sure that you have turned the hardcopy prescription into your pharmacy. (____)
4. It is your responsibility to schedule and remember to show up to your appointment; Our reminders are only a courtesy. (____)
5. Payments/co-payments must be made in full at the time of your visit. If you wish to be billed, we will assess a billing fee of \$10. (____)
6. The office policy for appointment cancellations / reschedules is a 24-hour (business day) notice. If a notice for a cancellation /reschedule is not received in time you will be charged \$20. For example to cancel a Monday appointment you must call before 1:00 PM on Friday. **No exceptions will be made.** (____)
7. If you fail to show up at your appointment without a notification, you will be charged a no-call, no-show (NCNS) fee of \$30. **No exceptions will be made.** (____)
8. For any paperwork completed *within* your scheduled session, there is no charge. For paperwork completed *outside* of an appointment, a fee between \$25 and \$50 based upon the estimated time and administrative costs, will be charged. Any paperwork estimated to exceed that amount would be discussed between the doctor and patient prior to billing. (____)
9. A \$25 fee will be charged for triplicate prescriptions written outside of an appointment. (____)
10. There will be a \$25 fee plus applicable bank charges if your check is returned. (____)
11. The charges mentioned above will be billed directly to the patient and not the insurance company. (____)

Printed Name

Patient/Parent Signature

Date

Orange Coast Psychiatric Associates

Initial each

(_____) **FINANCIAL TERMS**

Upon verification of the health insurance coverage and policy limits, we will bill your insurance carrier for you (exceptions apply). You (patient or guardian) will be responsible for any applicable deductibles and co-payments/co-insurance. If you are not eligible at the time services are rendered, you are responsible for payment of the entire charge amount. Co-payments are expected to be paid at the time services are rendered. If you are without health insurance coverage, payment arrangements should be made prior to your appointment.

(_____) **CANCELATIONS/MISSED APPOINTMENTS**

A scheduled appointment means that the time is reserved only for you. If an appointment is missed or cancelled with less than 24-hours notice, you will be charged according to the scheduled fee. Frequent cancellations may result in the termination of your treatment; your compliance in keeping appointments and active participation in the treatment process are vital.

(_____) **APPEALS AND GRIEVANCES**

You have the right to request reconsideration in the case that outpatient care (number of visits) is not authorized. This is called an appeal. You can request and appeal through your provider. You risk nothing in exercising this right. You have the right to submit a complaint directly to your provider or the Clinical Group to which you belong at any time that you have a complaint about any aspect of your care. If you are not satisfied with the response you receive, you may submit the complaint to your health plan directly.

(_____) **EMERGENCIES**

If you are experiencing a life-threatening emergency, call 911.

(_____) **TREATMENT PHILOSOPHY**

During the initial evaluation period, you and your provider will clarify together the nature of the problem(s) for which you are seeking treatment, define some reasonable treatment goals, and develop a treatment plan that will help achieve those goals. Your provider can review what your health plan will cover, but ultimately you are responsible for knowing the benefits and limits of your plan. If you are confused, contact your insurance company. You are expected to be compliant with the agreed upon treatment plan between sessions, keep appointments and abstain from all mood altering substances (legal or illegal) that are not specifically prescribed for your current use. Research has shown that brief, time limited therapy focusing on specific goals results in more rapid reduction of symptoms and improvement in patient functioning. The treatment plan may include attending support groups, reading selected materials, and/or completing specific written or verbal assignments. You will participate in the ongoing review of your progress, and together with your provider, update the treatment/medication plan as appropriate.

(_____) **TELEMEDICINE/EMAIL/TEXT CONSENT**

I understand that telemedicine involves the communication of medical information orally, by email, or text and that there are potential risks, including the possibility, despite reasonable and appropriate efforts, that the transmission of medical information could be disrupted or distorted by technical failures in the transmission. In addition, I understand that telemedicine does not negate or minimize the risks that may be inherent in a medical illness or condition.

(_____) **CONFIDENTIALITY**

All information between the provider and patients is held strictly confidential unless:

1. You authorize release of information with your signature (parent/guardian <18)
2. You present a danger to others
3. You present a physical danger to self
4. Child or elder abuse is suspected

In the latter two cases, we are required by law to inform potential victims and legal authorities so that protective measures can be taken.



Orange Coast Psychiatric Associates

Authorization for Disclosure of Confidential Mental Health Information

Patient Name: _____ Date of Birth: _____

I hereby authorize:

Physician/Facility Name: _____

Phone: _____ Fax: _____ E-mail: _____

Address: _____

To release/exchange information with:

Scott D. Ispirescu, MD

27401 Los Altos, Ste. 310

Mission Viejo, CA 92691

Phone: (949) 282-0027

Fax: (949) 282-0032

Emergency/On-Call: (949) 307-0956

Purpose of Disclosure: _____

Information to be disclosed: _____

This authorization shall become effective immediately and shall remain in effect until (date) _____, except to the extent that action has been taken in reliance hereon and authorization is not earlier revoked.

I understand that any requests to revise or cancel this authorization must be in writing. I hereby release OCPA, and its agents, from any and all liability arising from the release/disclosure of information as authorized.

Patient/Parent/Guardian/Legal Representative

Date

Witness

Date

Assignment of Benefits to OCPA

Patient Name: _____ DOB _____ ID # _____

Insurance Policy #: _____

Insured Name: _____ Insured Date of Birth _____

Your relationship to the Insured: Parent Spouse other: _____

Claim # _____

I hereby instruct and direct _____ insurance company to pay by check made out and mailed to:

**Orange Coast Psychiatric Associates
27401 Los Altos, Suite 310
Mission Viejo, CA 92691
(949) 282-0027**

If my/this current policy prohibits direct payment to doctor, I hereby also instruct and direct you to make out the check to me and **mail it to the above address** for the professional or medical expense benefits allowable, and otherwise payable to me under my current insurance policy as payment toward the total charges for the professional services rendered.

This is a direct assignment of my rights and benefits under this policy.

This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment.

(Check each box and sign at the bottom)

- A photocopy of this Assignment shall be considered as effective and valid as the original.
- I authorize the release of any medical or other information pertinent to my case to any insurance company, adjuster, or attorney involved in this case for the purpose of processing claims and securing payment of benefits.
- I authorize the use of this signature on all insurance submissions.
- I authorize OCPA to deposit checks made in my name.
- I authorize OCPA to initiate a complaint to the Insurance Commissioner for any reason on my behalf.
- I understand that I am financially responsible for all charges whether or not paid by insurance.

Dated this _____ day of _____, 20_____.

Signature of Policyholder

Witness

Signature of Claimant, if other than Policyholder

